



# Ahotsky Soccer Academy

Winston-Salem

**Starts March 6!**

# \$110

An 8 week program practicing 1 day per week. The purpose of this program is to improve player's perception, decisions, & soccer specific actions. Players must be able to detect (see), decide, and do. Players will improve their "speed of play" by improving their mental speed. Speed & agility exercises are incorporated within the program. This program is for ages U6 - U11 (classes are coed).

## Equipment needed

Ball  
Water bottle  
Shin Guards

**Mondays, Wednesdays, Thursdays**

### Times & Age Groups

5:00 PM 2011 - 2010 (U6 - U7)  
6:00 PM 2009 - 2008 (U8 - U9)  
7:00 PM 2007 - 2006 (U10 - U11)

### Location:

Grip & Rip Hitting Facility  
4953 Indiana Avenue  
Winston-Salem, NC 27013

**Contact**

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Visit [www.ahotsky.org](http://www.ahotsky.org) to register!